

SCHEDULING STATUS

S0

erex™ FOR WOMEN DROPS drop

Salacia leptoclada Tul. (ubangalala), *Eriosema* spp. (uqunsi),
Ptychopetalum olacoides Benth. (muira puama), *Panax ginseng* C.A.Mey (panax ginseng).

Contains alcohol: 28,8 % v/v.

Sugar free.

COMPLEMENTARY MEDICINE: COMBINATION PRODUCT

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you.

erex™ FOR WOMEN DROPS is available without a doctor's prescription, for you to maintain your health. Nevertheless, you still need to use erex™ FOR WOMEN DROPS carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your healthcare provider or pharmacist if you need more information or advice.

What is in this leaflet

1. What erex™ FOR WOMEN DROPS is and what it is used for.
2. What you need to know before you take erex™ FOR WOMEN DROPS.
3. How to take erex™ FOR WOMEN DROPS.
4. Possible side effects.
5. How to store erex™ FOR WOMEN DROPS.
6. Contents of the pack and other information.

1. What erex™ FOR WOMEN DROPS is and what it is used for

erex™ FOR WOMEN DROPS might support sexual excitation in women by increasing energy and stamina during intimacy.

2. What you need to know before you take erex™ FOR WOMEN DROPS

Do not take erex™ FOR WOMEN DROPS:

- if you are hypersensitive (allergic) to any of the active ingredients or any of the other ingredients of erex™ FOR WOMEN DROPS (see **What erex™ FOR WOMEN DROPS contains**);
- if you suffer from haemorrhage or thrombosis;
- if you are pregnant or breastfeeding your baby.

Warnings and precautions

erex™ FOR WOMEN DROPS are intended for use in adults only.

Take special care with erex™ FOR WOMEN DROPS:

- if you are having any surgical procedure done. You should stop taking erex™ FOR WOMEN DROPS two weeks before an operation;
- if you suffer from any immune system disease;
- if you have undergone an organ transplant as it might interfere with immunosuppressive therapy;
- if you suffer from any heart condition or low blood pressure;
- if you have diabetes as it might reduce blood glucose (blood sugar) levels;
- if you suffer from insomnia (sleeplessness);
- if you are addicted to alcohol as erex™ FOR WOMEN DROPS contains alcohol.

Other medicines and erex™ FOR WOMEN DROPS

Always tell your healthcare provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

Tell your doctor or pharmacist if you are currently using:

- Antidiabetic medicine as **erex™ FOR WOMEN DROPS** might enhance the glucose (sugar) lowering effect of this medicine;
- Immunosuppressants (medicines that lower the body's ability to reject a transplanted organ) as **erex™ FOR WOMEN DROPS** might interfere with immunosuppressive therapy;
- Metronidazole and nitroimidazole antibiotics. These antibiotics should not be taken with any amount of alcohol.

erex™ FOR WOMEN DROPS with food, drink and alcohol

See section 3 (**How to take erex™ FOR WOMEN DROPS**).

Pregnancy, breastfeeding and fertility

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

erex™ FOR WOMEN DROPS is not safe during pregnancy and breastfeeding. Do not use **erex™ FOR WOMEN DROPS** during pregnancy and breastfeeding.

Driving and using machines

erex™ FOR WOMEN DROPS contains alcohol, which can affect your ability to drive or use machines. You should not drive or operate machines until you know how you react to **erex™ FOR WOMEN DROPS**.

3. How to take erex™ FOR WOMEN DROPS

Do not share your medicines with any other person.

Always take **erex™ FOR WOMEN DROPS** exactly as described in this leaflet, or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The usual dose is:

Adults: 30 drops (1,5 ml) in a small glass of water and drink 1 – 2 hours before intimacy.

If you have the impression that the effect of **erex™ FOR WOMEN DROPS** is too strong or too weak, tell your doctor or pharmacist.

For oral use only.

Do not exceed the recommended dosage.

Most effective as part of a healthy diet and lifestyle.

Shake the bottle well before use.

erex™ FOR WOMEN DROPS can be taken with or without food.

If you take more erex™ FOR WOMEN DROPS than you should

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Take this leaflet and the rest of the remaining **erex™ FOR WOMEN DROPS** with you so the doctor will know what you have taken.

4. Possible side effects

erex™ FOR WOMEN DROPS can have side effects.

Not all side effects reported for **erex™ FOR WOMEN DROPS** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking **erex™ FOR WOMEN DROPS**, please consult your healthcare provider for advice.

If any of the following happens, stop taking **erex™ FOR WOMEN DROPS** and tell your doctor immediately or go to the casualty department at your nearest hospital:

- swelling of your hands, feet, ankles, face, lips, mouth or throat, which may cause difficulty in swallowing or breathing;
- rash or itching;
- fainting.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction to **erex™ FOR WOMEN DROPS**. You may need urgent medical attention or hospitalisation.

Tell your doctor if you notice any of the following:
Side effects occurring with an unknown frequency:

- anxiety;
- mania;
- insomnia (difficulty falling and staying asleep);
- headaches;
- heart palpitations (changes in the way your heart beats);
- nausea (feeling sick) or vomiting (being sick);
- abdominal cramps or stomach pains;
- diarrhoea (runny, loose stool).

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the “**6.04 Adverse Drug Reaction Reporting Form**”, found online **under SAHPRA’s publications**: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of **erex™ FOR WOMEN DROPS**.

5. How to store **erex™ FOR WOMEN DROPS**

- Store all medicines out of reach of children.
- Store at or below 25 °C.
- Store in the original bottle.
- Keep the bottle in the outer carton.
- Keep the bottle tightly closed.
- Do not use after the expiry date stated on the label and carton.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

6. Contents of the pack and other information

What **erex™ FOR WOMEN DROPS** contains

Each 30 drops (1,5 ml) contains:

The active substances are:

<i>Salacia leptoclada</i> Tul. (uBangalala)	30 mg
[root powder]	
<i>Eriosema</i> spp. (uQunsi)	30 mg
[root powder]	
<i>Ptychopetalum olacoides</i> Benth. (Muiru puama)	15 mg
[stem and leaf, 4:1 extract providing 60 mg of dried herb equivalent]	
<i>Panax ginseng</i> C.A.Mey (Panax ginseng)	6 mg
[stem and leaf, 5:1 extract providing 30 mg of dried herb equivalent]	

The other ingredients are ethanol, rectified spirits and water.

Contains alcohol: 28,8 % v/v.

Sugar free.

What **erex™ FOR WOMEN DROPS** looks like and contents of the pack

Dark brown coloured liquid with a characteristic lemon, herbal flavour.

50 ml glass amber tincture bottle. Each bottle is packed inside a carton.

Holder of Certificate of Registration

Brunel Laboratoria (Pty) Ltd

1 Van Tonder Street

Sunderland Ridge

Centurion

0157

info@brunel.co.za

This leaflet was last revised in

Will be allocated by SAHPRA upon registration.

Registration number

Will be allocated by SAHPRA upon registration.

Access to the corresponding Professional Information

The Professional Information for erex™ FOR WOMEN DROPS is available on <https://www.brunel.co.za/erex/> or can be requested from the contact details above.

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SKEDULERINGSTATUS

S0

erex™ FOR WOMEN DROPS druppel

Salacia leptoclada Tul. (ubangalala), *Eriosema* spp. (uqunsi),
Ptychopetalum olacoides Benth. (muira puama), *Panax ginseng* C.A Mey (panax ginseng).

Bevat alkohol: 28,8 % v/v.

Suikervry.

KOMPLEMENTÊRE MEDISYNE: KOMBINASIEPRODUK

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir sy gehalte, veiligheid of beoogde gebruik nie.

Lees hierdie hele inligtingsblad noukeuring deur want dit bevat inligting wat belangrik is vir jou.

erex™ FOR WOMEN DROPS is beskikbaar sonder 'n dokter se voorskrif, vir jou om jou gesondheid te onderhou. Nietemin, moet jy erex™ FOR WOMEN DROPS versigtig gebruik om die beste resultate daaruit te kry.

- Hou hierdie inligtingsblad. Dit mag nodig wees dat jy dit weer lees.
- Vra gerus jou gesondheidsorgverskaffer of apteker indien jy verdere inligting of advies nodig het.

Wat is in hierdie inligtingsblad

1. Wat erex™ FOR WOMEN DROPS is, en waarvoor dit gebruik word.
2. Wat jy moet weet voordat jy erex™ FOR WOMEN DROPS neem.
3. Hoe om erex™ FOR WOMEN DROPS te neem.
4. Moontlike nuwe-effekte.
5. Hoe om erex™ FOR WOMEN DROPS te bêre.
6. Inhoud van die verpakking en ander inligting.

1. Wat erex™ FOR WOMEN DROPS is, en waarvoor dit gebruik word

erex™ FOR WOMEN DROPS mag help om seksuele opwinding in vrouens te ondersteun, deur energie en stamina te verhoog gedurende intimiteit.

2. Wat jy moet weet voordat jy erex™ FOR WOMEN DROPS neem**Moet nie erex™ FOR WOMEN DROPS neem:**

- indien jy hipersensitief (allergies) is vir enige van die aktiewe bestanddele of vir enige van die ander bestanddele van erex™ FOR WOMEN DROPS nie (sien **Wat erex™ FOR WOMEN DROPS bevat**);
- indien jy aan bloeding of trombose ly;
- indien jy swanger is of your baba borsvoed.

Waarskuwings en voorsorgmaatreëls

erex™ FOR WOMEN DROPS is slegs bedoel vir gebruik in volwassenes.

Wees versigtig met erex™ FOR WOMEN DROPS:

- indien jy enige chirurgiese prosedure gaan ondergaan. Jy moet twee weke voor 'n operasie ophou om erex™ FOR WOMEN DROPS te neem;
- indien jy aan enige siekte van die immuunstelsel ly;
- indien jy 'n orgaanoorplanting ondergaan het, want dit kan inmeng met immuunonderdrukkingsterapie;
- indien jy aan enige harttoestand of lae bloeddruk ly;
- indien jy diabetes het, want dit kan bloedglukose- (bloedsuiker-) vlakke verlaag;
- indien jy aan slaaploosheid ly;
- indien jy verslaaf is aan alkohol, want erex™ FOR WOMEN DROPS bevat alkohol.

Ander medisyne en erex™ FOR WOMEN DROPS

Sê altyd vir jou gesondheidsorgverskaffer indien jy enige ander medisyne neem. (Dit sluit alle komplementêre of tradisionele medisyne in.)

Sê vir jou dokter of apteker indien jy tans die volgende gebruik:

- Antidiabetiese medisyne, aangesien erex™ FOR WOMEN DROPS die glukose- (suiker-)verlagende uitwerking van hierdie medisyne kan verhoog;
- Immuunonderdrukkers (medisyne wat die liggaam se vermoë om 'n oorplanting te verwerp, verlaag), aangesien erex™ FOR WOMEN DROPS met immuunonderdrukkingsterapie kan inmeng;
- Die antibiotika metronidasool en nitroïmidasool. Hierdie antibiotika moet nie met enige hoeveelheid alkohol geneem word nie.

erex™ FOR WOMEN DROPS met eet-, drinkgoed en alkohol
Sien afdeling 3 (**Hoe om erex™ FOR WOMEN DROPS te neem**).

Swangerskap, borsvoeding en vrugbaarheid

Indien jy swanger is of jou baba borsvoed, dink dat jy swanger mag wees of beplan om swanger te raak, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgverskaffer voordat jy hierdie medisyne neem. erex™ FOR WOMEN DROPS is nie veilig vir gebruik tydens swangerskap en borsvoeding nie. Moet nie erex™ FOR WOMEN DROPS gebruik as jy swanger is of jou baba borsvoed nie.

Bestuur en die gebruik van masjiene

erex™ FOR WOMEN DROPS bevat alkohol, wat jou vermoë om te bestuur of masjiene te gebruik, kan beïnvloed. Moet nie bestuur of masjiene gebruik voordat jy weet hoe jy reageer op erex™ FOR WOMEN DROPS nie.

3. Hoe om erex™ FOR WOMEN DROPS te neem

Moet nie jou medisyne met enige ander persoon deel nie.

Neem erex™ FOR WOMEN DROPS altyd persies soos aangedui in hierdie inligtingsblad, of soos wat jou dokter of apteker vir jou verduidelik het. Vra gerus jou dokter of apteker indien jy onseker is.

Die gewone dosis is:

Volwassenes: 30 druppels (1,5 ml) in 'n klein glas water en drink 1 – 2 ure voor intimiteit.

Indien jy die indruk kry dat die uitwerking van erex™ FOR WOMEN DROPS te sterk of te swak is, bespreek dit met jou dokter of apteker.

Slegs vir orale gebruik.

Moet nie die aanbevole dosis oorskry nie.

Mees effektief as deel van 'n gesonde dieet en leefstyl.

Skud die bottel goed voor gebruik.

erex™ FOR WOMEN DROPS kan met of sonder kos geneem word.

As jy meer erex™ FOR WOMEN DROPS neem as wat jy moet

In die geval van oordosering, raadpleeg jou dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

Neem hierdie inligtingsblad en die oorblywende erex™ FOR WOMEN DROPS saam met jou sodat die dokter kan sien wat jy geneem het.

4. Moontlike nuwe-effekte

erex™ FOR WOMEN DROPS kan nuwe-effekte hê.

Nie alle nuwe-effekte wat vir erex™ FOR WOMEN DROPS gerapporteer is, word in hierdie inligtingsblad ingesluit nie. Indien jou algemene gesondheid verswak of indien jy enige ongunstige effekte ondervind terwyl jy erex™ FOR WOMEN DROPS neem, raadpleeg asseblief jou gesondheidsorgverskaffer.

Indien enige van die volgende gebeur, hou op om erex™ FOR WOMEN DROPS te neem en sê dadelik vir jou dokter, of gaan na die ongevalle-afdeling van jou naaste hospitaal:

- swelling van jou hande, voete, enkels, gesig, lippe, mond of keel, wat probleme kan veroorsaak met sluk of asemhaling;
- uitslag of gejeuk;
- floute.

Hierdie is baie ernstige nuwe-effekte. Indien jy enige daarvan ondervind, mag jy 'n ernstige allergiese reaksie op erex™ FOR WOMEN DROPS gehad het. Jy mag dringend mediese bystand of hospitalisasie benodig.

Sê vir jou dokter indien jy enige van die volgende opmerk:

Nuwe-effekte wat met 'n onbekende frekwensie voorkom:

- angstigheid;
- manie;
- slapeloosheid (moeite om aan die slaap te raak en aan die slaap te bly);
- hoofpyne;
- hartkloppings (veranderinge in die manier waarop jou hart klop);
- naarheid of braking;
- maagkrampe of maagpyn;
- diarree (loperige, los stoelgang).

Indien jy enige nuwe-effekte opmerk wat nie in hierdie inligtingsblad genoem word nie, sê asseblief vir jou dokter of apteker daarvan.

Aanmelding van nuwe-effekte

Indien jy nuwe-effekte ondervind, bespreek dit met jou dokter of apteker. Jy kan ook nuwe-effekte aan SAHPRA rapporteer via die “**6.04 Adverse Drug Reaction Reporting Form**”, wat aanlyn by **SAHPRA se publikasies** beskikbaar is: <https://www.sahpra.org.za/Publications/Index/8>. Deur nuwe-effekte te rapporteer kan jy help om meer inligting rakende die veiligheid van erex™ FOR WOMEN DROPS te verskaf.

5. Hoe om erex™ FOR WOMEN DROPS te bêre

- Bêre alle medisyne buite die bereik van kinders.
- Bêre teen of onder 25 °C.
- Bêre in die oorspronklike bottel.
- Hou die bottel in die buitenste karton.
- Hou die bottel dig toe.
- Moet nie gebruik na die verval datum soos aangedui op die etiket en karton nie.
- Neem alle ongebruikte medisyne terug na jou apteker.
- Moet nie die ongebruikte medisyne in dreine en rioolstelsels (bv. toilette) weggooi nie.

6. Inhoud van die verpakking en ander inligting

Wat erex™ FOR WOMEN DROPS bevat

Elke 30 druppels (1,5 ml) bevat:

Die aktiewe bestanddele is:

<i>Salacia leptoclada</i> Tul. (uBangalala)	30 mg
[wortel poeier]	
<i>Eriosema</i> spp. (uQunsi)	30 mg
[wortel poeier]	
<i>Ptychopetalum olacoides</i> Benth. (Muiru puama)	15 mg
[stam en blaar, 4:1 ekstrak lewer 60 mg gedroogde kruie ekwivalent]	
<i>Panax ginseng</i> C.A.Mey (Panax ginseng)	6 mg
[stam and blaar, 5:1 ekstrak lewer 30 mg gedroogde kruie ekwivalent]	

Die ander bestanddele is etanol, gerektifiseerde spiritus en water.

Bevat alkohol: 28,8 % v/v.

Suikervry.

Hoe erex™ FOR WOMEN DROPS lyk en die inhoud van die verpakking

Donkerbruin gekleurde vloeistof met 'n kenmerkende suurlemoen, kruie-geur.

50 ml glas, amber tinktuurbottel. Elke bottel word in 'n karton verpak.

Houer van die Registrasiesertifikaat

Brunel Laboratoria (Edms) Bpk

Van Tonder Straat 1

Sunderland Ridge

Centurion

0157

info@brunel.co.za

Hierdie inligtingsblad is hersien in

Sal met registrasie deur die SAHPRA toegeken word.

Registrasienommer

Sal met registrasie deur die SAHPRA toegeken word.

Toegang tot die ooreenstemmende Professionele Inligtingsblad

Die Professionele Inligtingsblad vir erex™ FOR WOMEN DROPS is beskikbaar by
<https://www.brunel.co.za/erex/> of dit kan aangevra word deur die kontakbesonderhede hier bo te gebruik.

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