

SCHEDULING STATUS

S0

erex™ UBANGALALA capsule

Salacia leptoclada Tul. (ubangalala), *Eriosema* spp. (uqunsi).

Sugar free.

COMPLEMENTARY MEDICINE: OTHER HERBAL MEDICINES

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you.

erex™ UBANGALALA is available without a doctor's prescription, for you to maintain your health. Nevertheless, you still need to use erex™ UBANGALALA carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your healthcare provider or pharmacist if you need more information or advice.

What is in this leaflet

1. What erex™ UBANGALALA is and what it is used for.
2. What you need to know before you take erex™ UBANGALALA.
3. How to take erex™ UBANGALALA.
4. Possible side effects.
5. How to store erex™ UBANGALALA.
6. Contents of the pack and other information.

1. What erex™ UBANGALALA is and what it is used for

erex™ UBANGALALA might support sexual excitation in men during intimacy.

2. What you need to know before you take erex™ UBANGALALA

Do not take erex™ UBANGALALA:

- if you are hypersensitive (allergic) to any of the active ingredients or any of the other ingredients of erex™ UBANGALALA (see **What erex™ UBANGALALA contains**).

Warnings and precautions

erex™ UBANGALALA is intended for use in adults only.

Take special care with erex™ UBANGALALA:

- if you have any chronic or acute conditions, discuss the use of erex™ UBANGALALA with your doctor or pharmacist before use.

Other medicines and erex™ UBANGALALA

Always tell your healthcare provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

erex™ UBANGALALA with food, drink and alcohol

See section 3 (**How to take erex™ UBANGALALA**).

Pregnancy, breastfeeding and fertility

erex™ UBANGALALA is not intended for female use.

erex™ UBANGALALA is not safe during pregnancy and breastfeeding. Do not use erex™ UBANGALALA during pregnancy and breastfeeding.

Driving and using machines

erex™ UBANGALALA should not have an effect on the ability to drive or use machines. You should not drive or operate machines until you know how you react to erex™ UBANGALALA.

3. How to take erex™ UBANGALALA

Do not share your medicines with any other person.

Always take erex™ UBANGALALA exactly as described in this leaflet, or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The usual dose is:

Adults: Take 1 capsule one hour before sexual encounter/intimacy. To achieve desired effect, sexual stimulation is required.

If you have the impression that the effect of erex™ UBANGALALA is too strong or too weak, tell your doctor or pharmacist.

For oral use only.

Do not exceed the recommended dosage.

Most effective as part of a healthy diet and lifestyle.

erex™ UBANGALALA can be taken with or without food.

If you take more erex™ UBANGALALA than you should

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Take this leaflet and the rest of the remaining erex™ UBANGALALA with you so the doctor will know what you have taken.

4. Possible side effects

erex™ UBANGALALA can have side effects.

Not all side effects reported for erex™ UBANGALALA are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking erex™ UBANGALALA, please consult your healthcare provider for advice.

If any of the following happens, stop taking erex™ UBANGALALA and tell your doctor immediately or go to the casualty department at your nearest hospital:

- swelling of your hands, feet, ankles, face, lips, mouth or throat, which may cause difficulty in swallowing or breathing;
- rash or itching;
- fainting.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction to erex™ UBANGALALA. You may need urgent medical attention or hospitalisation.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the “6.04 Adverse Drug Reaction Reporting Form”, found online under **SAHPRA’s publications**:

<https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of erex™ UBANGALALA.

5. How to store erex™ UBANGALALA

- Store all medicines out of reach of children.
- Store at or below 25 °C.
- Keep the blister in the outer carton.
- Keep the carton closed.
- Do not use after the expiry date stated on the carton.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

6. Contents of the pack and other information

What **erex™ UBANGALALA** contains

Each capsule contains:

The active substances are:

<i>Salacia leptoclada</i> Tul. (uBangalala)	200 mg
[root powder]	
<i>Eriosema</i> spp. (uQunsi)	200 mg
[root powder]	

The other ingredient is salt.

Sugar free.

What **erex™ UBANGALALA** looks like and contents of the pack

4 scarlet capsules in a blister. Packed inside an outer carton.

Holder of Certificate of Registration

Brunel Laboratoria (Pty) Ltd

1 Van Tonder Street

Sunderland Ridge

Centurion

0157

info@brunel.co.za

This leaflet was last revised in

Will be allocated by SAHPRA upon registration.

Registration number

Will be allocated by SAHPRA upon registration.

Access to the corresponding Professional Information

The Professional Information for **erex™ UBANGALALA** is available on <https://www.brunel.co.za/erex/> or can be requested from the contact details above.

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SKEDULERINGSTATUS

S0

erex™ UBANGALALA kapsule

Salacia leptoclada Tul. (ubangalala), *Eriosema* spp. (uqunsi).
Suikervry.

KOMPLEMENTÊRE MEDISYNE: ANDER KRUIEMEDISYNE

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir sy gehalte, veiligheid of beoogde gebruik nie.

Lees hierdie hele inligtingsblad noukeurig deur want dit bevat inligting wat belangrik is vir jou.

erex™ UBANGALALA is beskikbaar sonder 'n dokter se voorskrif, vir jou om jou gesondheid te onderhou. Nietemin, moet jy erex™ UBANGALALA versigtig gebruik om die beste resultate daaruit te kry.

- Hou hierdie inligtingsblad. Dit mag nodig wees dat jy dit weer lees.
- Vra gerus jou gesondheidsorgverskaffer of apteker indien jy verdere inligting of advies nodig het.

Wat is in hierdie inligtingsblad

1. Wat erex™ UBANGALALA is, en waarvoor dit gebruik word.
2. Wat jy moet weet voordat jy erex™ UBANGALALA neem.
3. Hoe om erex™ UBANGALALA te neem.
4. Moontlike nuwe-effekte.
5. Hoe om erex™ UBANGALALA te bêre.
6. Inhoud van die verpakking en ander inligting.

1. Wat erex™ UBANGALALA is, en waarvoor dit gebruik word

erex™ UBANGALALA kan help om seksuele opwinding in mans gedurende intimiteit te ondersteun.

2. Wat jy moet weet voordat jy erex™ UBANGALALA neem**Moet nie erex™ UBANGALALA neem:**

- indien jy hipersensitief (allergies) is vir enige van die aktiewe bestanddele of vir enige van die ander bestanddele van erex™ UBANGALALA nie (sien **Wat erex™ UBANGALALA bevat**).

Waarskuwings en voorsorgmaatreëls

erex™ UBANGALALA is slegs bedoel vir gebruik in volwassenes.

Wees versigtig met erex™ UBANGALALA:

- indien jy enige kroniese of akute toestande het, bespreek die gebruik van erex™ UBANGALALA met jou dokter of apteker voor gebruik.

Ander medisyne en erex™ UBANGALALA

Sê altyd vir jou gesondheidsorgverskaffer indien jy enige ander medisyne neem. (Dit sluit alle komplementêre of tradisionele medisyne in.)

erex™ UBANGALALA met eet- en drinkgoed en alkohol

Sien afdeling 3 (**Hoe om erex™ UBANGALALA te neem**).

Swangerskap, borsvoeding en vrugbaarheid

erex™ UBANGALALA is nie geskik vir gebruik deur vroue nie.

erex™ UBANGALALA is nie veilig vir gebruik tydens swangerskap en borsvoeding nie. Moet nie erex™ UBANGALALA gebruik as jy swanger is of jou baba borsvoed nie.

Bestuur en die gebruik van masjiene

erex™ UBANGALALA behoort nie jou vermoë om te bestuur of om masjiene te gebruik te beïnvloed nie. Moet nie bestuur of masjiene gebruik voordat jy weet hoe jy op erex™ UBANGALALA reageer nie.

3. Hoe om erex™ UBANGALALA te neem

Moet nie jou medisyne met enige ander persoon deel nie.

Neem erex™ UBANGALALA altyd presies soos aangedui in hierdie inligtingsblad, of soos wat jou dokter of apteker vir jou verduidelik het. Vra gerus jou dokter of apteker indien jy onseker is.

Die gewone dosis is:

Volwassenes: Neem 1 kapsule een uur voor seksuele omgang/intimiteit. Om die gewenste effek te bereik, is seksuele stimulasie nodig.

Indien jy die indruk kry dat die uitwerking van erex™ UBANGALALA te sterk of te swak is, bespreek dit met jou dokter of apteker.

Slegs vir orale gebruik.

Moet nie die aanbevole dosis oorskry nie.

Mees effektief as deel van 'n gesonde dieet en leefstyl.

erex™ UBANGALALA kan met of sonder kos geneem word.

As jy meer erex™ UBANGALALA neem as wat jy moet

In die geval van oordosering, raadpleeg jou dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

Neem hierdie inligtingsblad en die oorblywende erex™ UBANGALALA saam met jou sodat die dokter kan sien wat jy geneem het.

4. Moontlike nuwe-effekte

erex™ UBANGALALA kan nuwe-effekte hê.

Nie alle nuwe-effekte wat vir erex™ UBANGALALA gerapporteer is, word in hierdie inligtingsblad ingesluit nie.

Indien jou algemene gesondheid verswak of indien jy enige ongunstige effekte ondervind terwyl jy

erex™ UBANGALALA neem, raadpleeg asseblief jou gesondheidsorgverskaffer.

Indien enige van die volgende gebeur, hou op om erex™ UBANGALALA te neem en sê dadelik vir jou dokter, of gaan na die ongevalle-afdeling van jou naaste hospitaal:

- swelling van jou hande, voete, enkels, gesig, lippe, mond of keel, wat probleme kan veroorsaak met sluk of asemhaling;
- uitslag of gejeuk;
- floute.

Hierdie is baie ernstige nuwe-effekte. Indien jy enige daarvan ondervind, mag jy 'n ernstige allergiese reaksie op erex™ UBANGALALA gehad het. Jy mag dringend mediese bystand of hospitalisasie benodig.

Indien jy enige nuwe-effekte opmerk wat nie in hierdie inligtingsblad genoem word nie, sê asseblief vir jou dokter of apteker daarvan.

Aanmelding van nuwe-effekte

Indien jy nuwe-effekte ondervind, bespreek dit met jou dokter of apteker. Jy kan ook nuwe-effekte aan SAHPRA rapporteer via die “**6.04 Adverse Drug Reaction Reporting Form**”, wat aanlyn **by SAHPRA se publikasies** beskikbaar is: <https://www.sahpra.org.za/Publications/Index/8>. Deur nuwe-effekte te rapporteer kan jy help om meer inligting rakende die veiligheid van erex™ UBANGALALA te verskaf.

5. Hoe om erex™ UBANGALALA te bêre

- Bêre alle medisyne buite die bereik van kinders.
- Bêre teen of onder 25 °C.
- Hou die stulpstrook in die karton.
- Hou die karton toe.
- Moet nie gebruik na die vervaldatum soos aangedui op die karton nie.
- Neem alle ongebruikte medisyne terug na jou apteker.
- Moet nie ongebruikte medisyne in dreine en rioolstelsels (bv. toilette) weggooi nie.

6. Inhoud van die verpakking en ander inligting

Wat erex™ UBANGALALA bevat

Elke kapsule bevat:

Die aktiewe bestanddele is:

<i>Salacia leptoclada</i> Tul. (uBangalala)	200 mg
[wortelpoeier]	
<i>Eriosema</i> spp. (uQunsi)	200 mg
[wortelpoeier]	

Die ander bestanddeel is sout.

Suikervry.

Hoe erex™ UBANGALALA lyk en die inhoud van die verpakking

4 skarlakenrooi kapsules in 'n stulpstrook. Verpak in 'n buitenste karton.

Houer van die Registrasiesertifikaat

Brunel Laboratoria (Edms) Bpk

Van Tonderstraat 1

Sunderland Ridge

Centurion

0157

info@brunel.co.za

Hierdie inligtingsblad is hersien in

Sal met registrasie deur die SAHPRA toegeken word.

Registrasienommer

Sal met registrasie deur die SAHPRA toegeken word.

Toegang tot die ooreenstemmende Professionele Inligtingsblad

Die Professionele Inligtingsblad vir erex™ UBANGALALA is beskikbaar by <https://www.brunel.co.za/erex/> of dit kan aangevra word deur die kontakbesonderhede hier bo te gebruik.

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