

SCHEDULING STATUS**S0****erex™ FOR WOMEN DROPS drop**

Salacia leptoclada Tul. (ubangalala), *Eriosema* spp. (uqunsi),
Ptychopetalum olacoides Benth. (muira puama), *Panax ginseng* C.A.Mey (panax ginseng).

Contains alcohol: 28,8 % v/v.

Sugar free.

COMPLEMENTARY MEDICINE: COMBINATION PRODUCT

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you.

erex™ FOR WOMEN DROPS is available without a doctor's prescription, for you to maintain your health. Nevertheless, you still need to use erex™ FOR WOMEN DROPS carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your healthcare provider or pharmacist if you need more information or advice.

What is in this leaflet

1. What erex™ FOR WOMEN DROPS is and what it is used for.
2. What you need to know before you take erex™ FOR WOMEN DROPS.
3. How to take erex™ FOR WOMEN DROPS.
4. Possible side effects.
5. How to store erex™ FOR WOMEN DROPS.
6. Contents of the pack and other information.

1. What erex™ FOR WOMEN DROPS is and what it is used for

erex™ FOR WOMEN DROPS might support sexual excitation in women by increasing energy and stamina during intimacy.

2. What you need to know before you take erex™ FOR WOMEN DROPS**Do not take erex™ FOR WOMEN DROPS:**

- if you are hypersensitive (allergic) to any of the active ingredients or any of the other ingredients of erex™ FOR WOMEN DROPS (see **What erex™ FOR WOMEN DROPS contains**);
- if you suffer from haemorrhage or thrombosis;
- if you are pregnant or breastfeeding your baby.

Warnings and precautions

erex™ FOR WOMEN DROPS are intended for use in adults only.

Take special care with erex™ FOR WOMEN DROPS:

- if you are having any surgical procedure done. You should stop taking erex™ FOR WOMEN DROPS two weeks before an operation;
- if you suffer from any immune system disease;
- if you have undergone an organ transplant as it might interfere with immunosuppressive therapy;
- if you suffer from any heart condition or low blood pressure;
- if you have diabetes as it might reduce blood glucose (blood sugar) levels;
- if you suffer from insomnia (sleeplessness);
- if you are addicted to alcohol as erex™ FOR WOMEN DROPS contains alcohol.

Other medicines and erex™ FOR WOMEN DROPS

Always tell your healthcare provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

Tell your doctor or pharmacist if you are currently using:

- Antidiabetic medicine as **erex™ FOR WOMEN DROPS** might enhance the glucose (sugar) lowering effect of this medicine;
- Immunosuppressants (medicines that lower the body's ability to reject a transplanted organ) as **erex™ FOR WOMEN DROPS** might interfere with immunosuppressive therapy;
- Metronidazole and nitroimidazole antibiotics. These antibiotics should not be taken with any amount of alcohol.

erex™ FOR WOMEN DROPS with food, drink and alcohol

See section 3 (**How to take erex™ FOR WOMEN DROPS**).

Pregnancy, breastfeeding and fertility

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

erex™ FOR WOMEN DROPS is not safe during pregnancy and breastfeeding. Do not use **erex™ FOR WOMEN DROPS** during pregnancy and breastfeeding.

Driving and using machines

erex™ FOR WOMEN DROPS contains alcohol, which can affect your ability to drive or use machines. You should not drive or operate machines until you know how you react to **erex™ FOR WOMEN DROPS**.

3. How to take erex™ FOR WOMEN DROPS

Do not share your medicines with any other person.

Always take **erex™ FOR WOMEN DROPS** exactly as described in this leaflet, or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The usual dose is:

Adults: 30 drops (1,5 ml) in a small glass of water and drink 1 – 2 hours before intimacy.

If you have the impression that the effect of **erex™ FOR WOMEN DROPS** is too strong or too weak, tell your doctor or pharmacist.

For oral use only.

Do not exceed the recommended dosage.

Most effective as part of a healthy diet and lifestyle.

Shake the bottle well before use.

erex™ FOR WOMEN DROPS can be taken with or without food.

If you take more erex™ FOR WOMEN DROPS than you should

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Take this leaflet and the rest of the remaining **erex™ FOR WOMEN DROPS** with you so the doctor will know what you have taken.

4. Possible side effects

erex™ FOR WOMEN DROPS can have side effects.

Not all side effects reported for **erex™ FOR WOMEN DROPS** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking **erex™ FOR WOMEN DROPS**, please consult your healthcare provider for advice.

If any of the following happens, stop taking **erex™ FOR WOMEN DROPS** and tell your doctor immediately or go to the casualty department at your nearest hospital:

- swelling of your hands, feet, ankles, face, lips, mouth or throat, which may cause difficulty in swallowing or breathing;
- rash or itching;
- fainting.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction to **erex™ FOR WOMEN DROPS**. You may need urgent medical attention or hospitalisation.

Tell your doctor if you notice any of the following:
Side effects occurring with an unknown frequency:

- anxiety;
- mania;
- insomnia (difficulty falling and staying asleep);
- headaches;
- heart palpitations (changes in the way your heart beats);
- nausea (feeling sick) or vomiting (being sick);
- abdominal cramps or stomach pains;
- diarrhoea (runny, loose stool).

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the “**6.04 Adverse Drug Reaction Reporting Form**”, found online **under SAHPRA’s publications**: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of *erex*TM FOR WOMEN DROPS.

5. How to store *erex*TM FOR WOMEN DROPS

- Store all medicines out of reach of children.
- Store at or below 25 °C.
- Store in the original bottle.
- Keep the bottle in the outer carton.
- Keep the bottle tightly closed.
- Do not use after the expiry date stated on the label and carton.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

6. Contents of the pack and other information

What *erex*TM FOR WOMEN DROPS contains

Each 30 drops (1,5 ml) contains:

The active substances are:

<i>Salacia leptoclada</i> Tul. (uBanggalala)	30 mg
[root powder]	
<i>Eriosema</i> spp. (uQunsi)	30 mg
[root powder]	
<i>Ptychopetalum olacoides</i> Benth. (Muiru puama)	15 mg
[stem and leaf, 4:1 extract providing 60 mg of dried herb equivalent]	
<i>Panax ginseng</i> C.A.Mey (Panax ginseng)	6 mg
[stem and leaf, 5:1 extract providing 30 mg of dried herb equivalent]	

The other ingredients are ethanol, rectified spirits and water.

Contains alcohol: 28,8 % v/v.

Sugar free.

What *erex*TM FOR WOMEN DROPS looks like and contents of the pack

Dark brown coloured liquid with a characteristic lemon, herbal flavour.

50 ml glass amber tincture bottle. Each bottle is packed inside a carton.

Holder of Certificate of Registration

Brunel Laboratoria (Pty) Ltd

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This leaflet was last revised in

Will be allocated by SAHPRA upon registration.

Registration number

Will be allocated by SAHPRA upon registration.

Access to the corresponding Professional Information

The Professional Information for erex™ FOR WOMEN DROPS is available on <https://www.brunel.co.za/erex/> or can be requested from the contact details above.

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