

SCHEDULING STATUS**S0****erex™ UBANGALALA capsule**

Salacia leptoclada Tul. (ubangalala), *Eriosema* spp. (uqunsi).
Sugar free.

COMPLEMENTARY MEDICINE: OTHER HERBAL MEDICINES

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you.

erex™ UBANGALALA is available without a doctor's prescription, for you to maintain your health. Nevertheless, you still need to use erex™ UBANGALALA carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your healthcare provider or pharmacist if you need more information or advice.

What is in this leaflet

1. What erex™ UBANGALALA is and what it is used for.
2. What you need to know before you take erex™ UBANGALALA.
3. How to take erex™ UBANGALALA.
4. Possible side effects.
5. How to store erex™ UBANGALALA.
6. Contents of the pack and other information.

1. What erex™ UBANGALALA is and what it is used for

erex™ UBANGALALA might support sexual excitation in men during intimacy.

2. What you need to know before you take erex™ UBANGALALA**Do not take erex™ UBANGALALA:**

- if you are hypersensitive (allergic) to any of the active ingredients or any of the other ingredients of erex™ UBANGALALA (see **What erex™ UBANGALALA contains**).

Warnings and precautions

erex™ UBANGALALA is intended for use in adults only.

Take special care with erex™ UBANGALALA:

- if you have any chronic or acute conditions, discuss the use of erex™ UBANGALALA with your doctor or pharmacist before use.

Other medicines and erex™ UBANGALALA

Always tell your healthcare provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

erex™ UBANGALALA with food, drink and alcohol

See section 3 (**How to take erex™ UBANGALALA**).

Pregnancy, breastfeeding and fertility

erex™ UBANGALALA is not intended for female use.

erex™ UBANGALALA is not safe during pregnancy and breastfeeding. Do not use erex™ UBANGALALA during pregnancy and breastfeeding.

Driving and using machines

erex™ UBANGALALA should not have an effect on the ability to drive or use machines. You should not drive or operate machines until you know how you react to erex™ UBANGALALA.

3. How to take erex™ UBANGALALA

Do not share your medicines with any other person.

Always take erex™ UBANGALALA exactly as described in this leaflet, or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The usual dose is:

Adults: Take 1 capsule one hour before sexual encounter/intimacy. To achieve desired effect, sexual stimulation is required.

If you have the impression that the effect of erex™ UBANGALALA is too strong or too weak, tell your doctor or pharmacist.

For oral use only.

Do not exceed the recommended dosage.

Most effective as part of a healthy diet and lifestyle.

erex™ UBANGALALA can be taken with or without food.

If you take more erex™ UBANGALALA than you should

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Take this leaflet and the rest of the remaining erex™ UBANGALALA with you so the doctor will know what you have taken.

4. Possible side effects

erex™ UBANGALALA can have side effects.

Not all side effects reported for erex™ UBANGALALA are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking erex™ UBANGALALA, please consult your healthcare provider for advice.

If any of the following happens, stop taking erex™ UBANGALALA and tell your doctor immediately or go to the casualty department at your nearest hospital:

- swelling of your hands, feet, ankles, face, lips, mouth or throat, which may cause difficulty in swallowing or breathing;
- rash or itching;
- fainting.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction to erex™ UBANGALALA. You may need urgent medical attention or hospitalisation.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the “**6.04 Adverse Drug Reaction Reporting Form**”, found online **under SAHPRA’s publications**:

<https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of erex™ UBANGALALA.

5. How to store erex™ UBANGALALA

- Store all medicines out of reach of children.
- Store at or below 25 °C.
- Keep the blister in the outer carton.
- Keep the carton closed.
- Do not use after the expiry date stated on the carton.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

6. Contents of the pack and other information

What erex™ UBANGALALA contains

Each capsule contains:

The active substances are:

<i>Salacia leptoclada</i> Tul. (uBangalala)	200 mg
[root powder]	
<i>Eriosema</i> spp. (uQunsi)	200 mg
[root powder]	

The other ingredient is salt.

Sugar free.

What erex™ UBANGALALA looks like and contents of the pack

4 scarlet capsules in a blister. Packed inside an outer carton.

Holder of Certificate of Registration

Brunel Laboratoria (Pty) Ltd

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This leaflet was last revised in

Will be allocated by SAHPRA upon registration.

Registration number

Will be allocated by SAHPRA upon registration.

Access to the corresponding Professional Information

The Professional Information for erex™ UBANGALALA is available on <https://www.brunel.co.za/erex/> or can be requested from the contact details above.